



VSPM Academy of Higher Education  
ARVINDBABU DESHMUKH MAHAVIDYALAYA  
BHARSINGI, DIST- NAGPUR.



**Academic Session 2020-21**

### **Women cell Activity Report**

**Women Empowerment and Gender Equality are the most important requirements for the up liftment and progress of our nation. In the effort to make Arvindbabu Deshmukh Mahavidyalaya a strong kernel of gender sensitization in a rural Area. The College has established a Women Cell in the college campus for the women faculty, staff, and girl students to enhance understanding of issues related to women and to make the college campus a safe place for them. The Women cell members works with an aim to create a gender sensitized community within campus as well as in the society. It has been organizing varied academic, technical, medical, cultural and social events for the upliftment of women and spread the real importance of gender equality, importance of women Empowerment in the society, especially in rural area through College students.**

**Aim:- To create awareness of the women's Right and to empower women**

#### **Objectives:**

- Living in a patriarchal society with deep rooted and socio-cultural value of male superiority, the objective of the Cell is to help build an egalitarian society.
- To aware women about their Right and duties enhance the self – esteem and self-confidence of women
- To stress upon the development of women in every sphere.
- To organize events and activities for women empowerment.

- To aware women about financial independency, and support small scale women entrepreneurs of rural area.
- To create an environment that will help women realize their full potential and give their best.

**Vision:**

- Moulding and enlightening the young minds and pave their way to grow into balanced and better human beings.

**Mission:**

- To encourage female students to be self-reliant and economically independent.
- To instil positive self-esteem and confidence in the female students so that they can take the right decision in and for-their lives.
- Spreading awareness among the students about the social, legal and constitutional rights of women in order to prevent the exploitation based on gender.
- Making females cognizant about different kinds of violence: sexual, physical and mental and to further equip them with the knowledge and strength to fight against them.
- Creating awareness about the need of gender equality.
- Eliminating deep rooted beliefs of gender bias and discrimination in the rural area.

**Women cell Committee:-**

<b>Chairman</b>	<b>Dr. Vijay Dhote</b> <b>Principal</b> <b>Arvinbabu Deshmukh</b> <b>Mahavidyalya, Bharsingi</b>
<b>Convener</b>	<ul style="list-style-type: none"><li>• <b>Miss. Manasi Joshi</b> Assistant Professor Department of Botany</li></ul>
<b>Executive Members</b>	<ul style="list-style-type: none"><li>• <b>Dr. Sadhana A. Jichkar</b> Associate Professor &amp; Head Department of Marathi</li><li>• <b>Dr. Rita Walke</b> Assistant Professor Department of Marathi</li><li>• <b>Dr. Smita P. Gudadhe</b> Assistant Professor &amp; Head Department of Botany</li><li>• <b>Dr. Megha Raghuvanshi</b> Assistant Professor Department of Chemistry</li><li>• <b>Dr. Anjali Gharpure</b> Assistant professor Department of Physics</li></ul>

## Activity-01

<b>Name of Activity</b>	<b>One day Online webinar on “The Role of nutrition in Women’s health.”</b>
<b>Date and Time of activity</b>	<b>08/03/2021</b>
<b>Activity organized under committee/cell</b>	Women Cell
<b>Invited Guest</b>	Dietitian Mrs. Pooja Ukey
<b>Number of students participate</b>	Girls: 39    Total: 39
<b>Number of faculties participate</b>	04
<b>Brief Report</b>  On the occasion of international Women’s Day at 8/03/2021 Women cell committee and NSS department of Arvindbabu Deshmukh Mahavidyalaya, Bharsingi jointly organised Intercollegiate webinar on “ The role of nutrition in women's health”. Total 39 students were benefited by this program. This year the theme of international Women's Day in India was “Choose to challenge”, it is to highlight the challenges brought on by the covid-19 pandemic. To take challenge women should be healthy, by considering this in the webinar Resource person Dietician Mrs.Pooja Ukey guided students regarding diet for maintaining good health. She asked students to take healthy diet rather than junk food, she also informed about dietary deficiency diseases. She was very heartened for this program as she is former student of this college.This program was organized, by Prof. Manasi Joshi (convener of women cell committee) and Prof. Dr. Ghorpade (NSS Program Officer). Event is conducted by Prof. Mansi Joshi whereas introduction of resource person was given by Prof. Dr. Smita Gudadhe and vote of thanks was given by Prof Dr.Anjali Gharpure. All faculty members of college actively participated in this webinar.	



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Bharsingi, Tq.-Narkhed, Dist.-Nagpur-441305(M.S.)India.



## On the occasion of Celebration of International Women's Day



**Women Cell**

Arvindbabu Deshmukh Mahavidyalaya ,Bharsingi.  
Organizes



Webinar on

## “The Role of Nutrition In Women's Health”

Zoom Meeting 40-Minutes

The screenshot shows a Zoom meeting in progress. The main video feed displays a woman with dark hair, wearing a dark blue patterned top, sitting in a gaming chair. Above her are several smaller video thumbnails for other participants: Manasi Joshi, rajashree bhalavi, smita.gudadhe, Dt.puja.ukey, and Dr. Vijay Dhote. A 'Recording...' indicator is visible in the top left of the main video. On the right side, a 'Participants (30)' list is shown, including names like Manasi Joshi (Host), dt.puja.ukey, smita.gudadhe, Chetana keshav Thombare, Chetana kishor gaidhane, Durga tarase, Harshali wankhede, Hinagayner, Lata Patil, Lukeshwari dhengre, Mahima Patil, Megha Raghuvanshi, Mirunal Madankar, and Nitin Raut. The bottom of the screen shows the Windows taskbar with the search bar and various application icons. The system tray in the bottom right corner shows the time as 11:17 and the date as 08-03-2021.



Zoom Meeting 40-Minutes

Recording... [Pause]

Participants (39)

Find a participant

Waiting Room (1) [Message](#)

- PC pritee chauhan

In the Meeting (39)

- MJ Manasi Joshi (Host, me) [Mute] [Video Off]
- DU dt.puja ukey [Mute] [Video Off]
- CK Chetana keshav Thombare [Mute] [Video Off]
- CK Chetana kishor gaidhane [Mute] [Video Off]
- D Dadarao Upase [Mute] [Video Off]
- D Danyanti Dasharath [Mute] [Video Off]
- D dhopre [Mute] [Video Off]
- DK Divya Kolhe [Mute] [Video Off]
- Dr. P. V. Gayakwad [Mute] [Video Off]
- DV Dr. Vijay Dhote [Mute] [Video Off]
- GA Galaxy A30s [Mute] [Video Off]

dt.puja ukey	Manasi Joshi	Galaxy A30s	Prajakta ronghe	S R Sinker
Mrunal Madankar	dhopre	smiata gudadhe	Mahima Patil	Rasika khade
ami Rathod	Dr. Anjali Gharpure	Megha Raghuv...	Chetana kishor...	Chetana keshav...
rajashree bhalavi	Janhavi Dautpure	Vaishnavi Chach...	D Dadarao Upase	Kanchan Dudhane
Hinagayner	Lukeshwari dhe...	Payal choudhari	Dr. P. V. Gayakwad	Dr. Vijay Dhote

Unmute Stop Video Security Participants 40 Chat Share Screen Pause/Stop Recording Reactions End

Type here to search

EN 12:05 08-03-2021

# देशोन्नती

वैचारिक क्रांतीचा अप्रदूत

नागपूर शुक्रवार, दि. १२ मार्च २०२१ पृष्ठे ६+८=१४ मूल्य ₹:५

## जागतिक महिला दिनानिमित्त ऑनलाईन वेबिनार

अरविंदबाबू देशमुख  
महाविद्यालयात आयोजन

देशोन्नती वृत्तसंकलन...

देवग्राम ■ जागतिक महिलादिनाचे औचित्य साधून अरविंदबाबू देशमुख महाविद्यालय, भारीसिंगी येथे महिला समिती आणि राष्ट्रीय सेवा योजना यांच्या संयुक्त विद्यमाने 'संतुलित आहाराचे महिलांच्या आरोग्यातील महत्त्व' या विषयावर आंतर महाविद्यालयीन ऑनलाईन वेबिनारचे आयोजन करण्यात आले.

सद्यस्थितीत कोरोनाचा वाढता प्रादुर्भाव पहाता महिलांचे आरोग्य सुदृढ राहावे, महिलांचे आरोग्य निकोप राहिल्यास बालकांचे आरोग्य सुदृढ राहील याचे औचित्य साधून महिलांमध्ये स्वतःच्या आरोग्याची काळजी आणि आहार याबद्दलची जागरूकता निर्माण करण्यासाठी अरविंदबाबू देशमुख महाविद्यालयात या ऑनलाईन वेबिनारचे आयोजन करण्यात आले होते. याप्रसंगी आहारतज्ञ पूजा उके यांनी रोजच्या आहारातील घटक वापरून आहार कसा अधिकाधिक निरोगी आणि संतुलित घेता येईल याबाबत मोलाचे मार्गदर्शन केले. प्राचार्य डॉ. विजय धोटे यांनी महिला दिनानिमित्त शुभेच्छा दिल्या. कार्यक्रमाच्या प्रमुख मार्गदर्शक वक्त्यांचा परिचय प्रा.



डॉ. स्मिता गुडघे यांनी करून दिला. रासया कार्यक्रम अधिकारी प्रा. राजेंद्र धोरपडे, डॉ. प्रकाश पवार, डॉ. साधना

जिचकार, प्रा. रिता वाळके, डॉ. दादाराव उपासे, डॉ. मनोज वर्मा, डॉ. श्रीकांत ठाकरे, डॉ. नितीन राजत, डॉ. मेघा रघुवंशी, प्रा. सुरेंद्र सिनकर, प्रा. विजय रहागडाले, डॉ. माविक मणियार सर्व प्राध्यापक, शिक्केतर कर्मचारी व विद्यार्थी-विद्यार्थिनी या ऑनलाईन वेबिनारमध्ये सहभागी झाले होते. कार्यक्रमाचे संचालन प्रा. मानसी जोशी यांनी केले तर आमार प्रा. डॉ. अंजली धारपुरे यांनी मानले. (वार्ताहर)

### 'एक्यम्' तर्फे महिलांचा सन्मान

काटोल ■ युवकांच्या सामाजिक 'एक्यम्' गटालर्फे महिलादिना निमित्त समाजसेवा करणाऱ्या डॉक्टर, पोलिस, शिक्षिका व वकील महिलांचा सत्कार करण्यात आला.

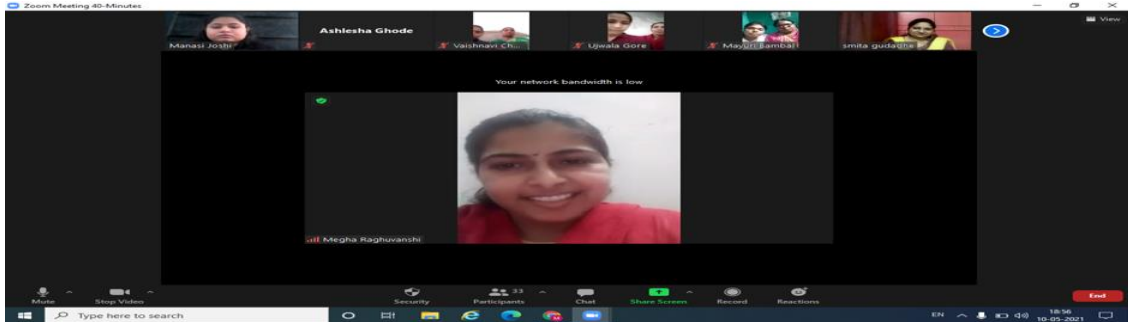
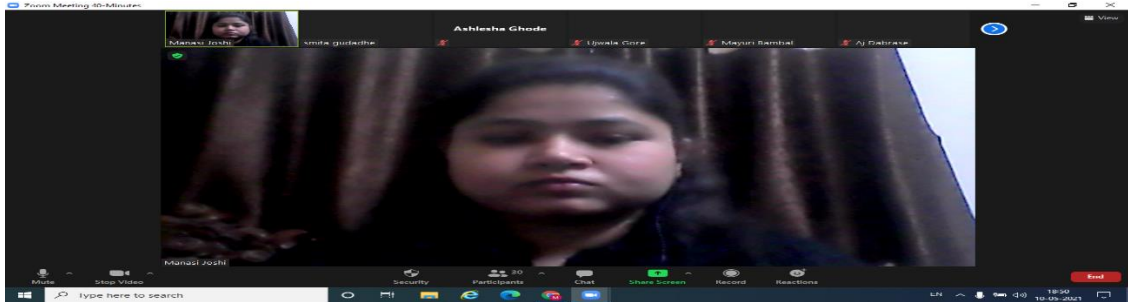
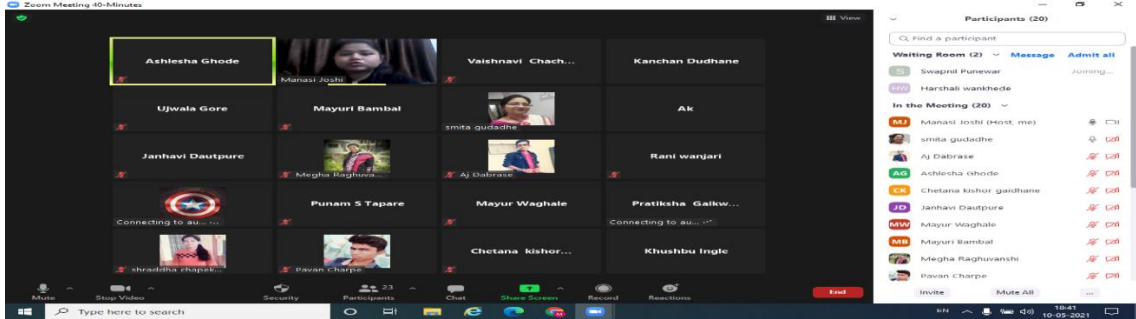


वैद्यकीय सेवेतील डॉ. भावना जेवडे, डॉ. रूपल दरक, डॉ. पूजा लड्डा, प्रिती गुडघे, मीना पवार, शीतल पठाण, सुनीता सोनटक्के, अश्विन बनवे, संगीता जयपूरकर, संगीता काळे, माधुरी भोसले, अनिता येनूरकर, रुमा ठाकरे, पोलिस सेवेतील ललित बनसोड, सुचिता भक्ते, अस्मिता गायकवाड, निता खोजर, जयश्री गावडे, ललित येनूरकर, शिक्षण क्षेत्रातील मुख्याध्यापिका सुलभा रेवतकर, महिला शिपाई रेखा गिरी, विधी सेवेतील अॅड. भावना अडाळकर, अॅड. भैरवी टेकाडे यांचा यावेळी सन्मान करण्यात आला. कार्यक्रमाच्या यशस्वीतेसाठी तनुश्री गजभिये, साक्षी चौधरी, सचिता टोमणे, प्रतिक वानखेडे, मिथिलेश धिरडे, प्रज्वल देशमुख, विवेक चौधरी, ललित सनेसर, सुधांशु जोशी आदींनी परिश्रम घेतले. (ता.प्र.)

## Activity-02

<b>Name of Activity</b>	<b>One day Online webinar on occasion of Mother's day</b>
<b>Date and Time of activity</b>	<b>10/05/2021</b>
<b>Activity organized under committee/cell</b>	Women Cell
<b>Invited Guest</b>	Committee members of Women Cell
<b>Number of students participate</b>	Girls and Parents: 38 Total: 38
<b>Number of faculties participate</b>	04
<b>Brief Report</b>  On the occasion of Mother's day Women cell organized a online interactive session with Students and their mother parents through parent –teacher meet on 10 <sup>th</sup> May 2021.Around 38 students with their mothers connected online in this function. The objective of this program was to enlighten feeling of Importance of Mother's in Life in Students mind, and also to give chance to students to express their gratitude towards their mothers by which students and their parents could get a healthy platform for emotional outlet in such stressful pandemic situation as well as to communicate with parent and inform them about students' academics. Students enthusiastically participate in that meet along with mother and express their gratitude with poems and thanking speech towards mother. Mother parents also enjoy the session and ask their doubts related to students academics and express gree for such innovative & emotional session in such pandemic.	





# देशोन्नती

वैचारिक क्रांतीचा अग्रदूत

नागपूर

शुक्रवार, दि. १४ मे २०२१ पल्ले ६+८ = १४ मूल्य ₹:५

## अरविंदबाबू देशमुख महाविद्यालयात 'मातृदिन'

देशोन्नती वृत्तसंकलन...

देवग्राम ■ जीवनातील मातेचे अनन्यसंपादन महत्त्व साजरे करण्यासाठी 'मातृदिन' साजरा केल्या जातो. या दिनाचे औचित्य साधून अरविंदबाबू देशमुख महाविद्यालयातील महिला समिती आणि जनसंस्पर्धी विभागातर्फे मातृदिनी विशेष पालक सभा ऑनलाईन माध्यमातून आयोजित केली होती.

या सभेत विद्यार्थी आपल्या आठसोबत सहभागी झाले होते. सभेत विद्यार्थ्यांच्या मातासोबत प्राध्यापकांनी संवाद साधत कोविड-१९ परिस्थितीत विद्यार्थ्यांच्या शैक्षणिक प्रगतीचा आढावा देण्यात आला. दरम्यान विद्यार्थ्यांनी यावेळी आईचढल आपल्या भावना व्यक्त केला. ही सभा प्राचार्य डॉ. विजय धोते यांच्या मार्गदर्शनाखाली घेण्यात आली. प्रास्ताविक प्रा. मानसी जोशी यांनी केले. यावेळी प्रा. डॉ. स्मिता मुद्दपे, प्रा. डॉ. मेघा रघुवंशी, प्रा. डॉ. अजली घारपुरे यांनी विद्यार्थ्यांना मार्गदर्शन केले. प्रा. डॉ. साधना जिबकर आणि प्रा. डॉ. रिता डंभाळे यांचे विशेष सहकार्य लाभले. (वार्ताहर)